



Zinc (10)mg



USES & BENEFITS

Reduces lifespan and severity of colds, brain (cognitive) function, skin and hair health, fertility and reproductive systems.

NUTRITIONAL INFORMATION

One tablet typically provides;	%NRV
Zinc (as Zinc Citrate)	32mg
Equivalent to Elemental Zinc	10mg %100

NRV = Nutrient Reference Value

SUGGESTED USE

Adults; Swallow **one (1) tablet** per day with food.
Or As directed by your health professional or pharmacist

VEGAN

YES

Available SKUs

30, 60, 90, 120 tablets

Vitameen - easy to absorb Zinc supplement is a versatile mineral that supports antioxidant health and is important for immune function.

One vegetarian-friendly caplet a day contributes to carbohydrate, protein, fat and energy metabolism, and helps promote wellness in key areas of reproductive health and fertility.

Free of gluten, wheat, dairy, artificial colors, and artificial sweeteners. GMO Free.

STORAGE INSTRUCTIONS

Store in a cool dry place, between **15°-30°** and relative humidity between **35-60%**

WARNING

Keep out of the reach of children. Consult with your physician before using this product if you are pregnant or lactating have a known medical condition or are taking medications.