

Vitameen® - Your leading UK brand name in vitamins and supplements.

We are a successful family-owned company specializes in supplying high quality, low cost vitamins & supplements to independent pharmacies and small to medium sized chains.

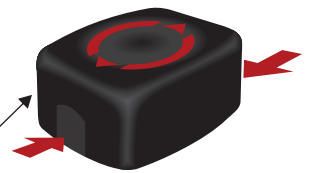
Our operation allow us to supply single shops, right up to national chains with several hundred outlets. Our custom built production line allows us to pack in large quantities, which ideally suits our larger customers.

When it comes to nutritional supplements, nothing is more important than quality. That's why we craft our products in the UK with the finest ingredients, sourced from around the world, and guarantee strict quality analysis and safety tests to the highest pharmaceutical standards.



All our products are provided with Children Resistant Caps (CRC) Squeeze and Turn System, placing a great value on the qualification of our products accordance to the highest international requirements of BS EN ISO8317, and BS EN ISO14375.

TO OPEN SQUEEZE ENDS & TURN



PET ALUMINUM FOIL PAPER

Our bottled products are also sealed with PET aluminum foil paper liners for moisture barrier, long shelf life, freshness, and consumer safety as per USDA, FDA, and BSI requirements.



BEST SELLER



Vitameen®

Folic Acid

All women planning a pregnancy should take a 400µg Folic Acid supplement daily from the start of trying to conceive until the 12th week of pregnancy. Also, Folic Acid is used in the body to make red blood cells and help build muscles.

Popular Uses

Pre - Conception and Early Pregnancy

Each Tablet Typically Provides		%NRV
Folic Acid	400µg	200%

Size

8mm Round Tablet

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER

Multi Vitamins and Iron

Selected vitamins, along with 14mg Iron, Iron is essential for healthy blood.

Each Tablet Typically Provides		%NRV
Vitamin A	800.0µg RE	100%
Vitamin D	5.0µg	100%
Vitamin E	7.0mg aTE	58%
Vitamin C	80.0mg	100%
Thiamin (B1)	1.1mg	100%
Pantothenic Acid (B5)	6.0mg	100%
Iron	14.0mg	100%

Size

8mm Round Tablet

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



NEW PRODUCT

Vitamin B Complex

Complete Vitamin B Complex 100% RDA, popular for energy and stress relief.

Popular Uses

Stress, fatigue, insomnia, energy, nervous system, skin health, normal vision, normal red blood cells, iron metabolism, normal psychological function.

Each Tablet Typically Provides		%NRV
Thiamin (B1)	1.1mg	100%
Riboflavin (B2)	1.4mg	100%
Niacin (B3)	16.0mg NE	100%
Vitamin B6	1.4mg	100%
Folic Acid	200.0µg	100%
Vitamin B12	2.5µg	100%
Pantothenic Acid	6.0mg	100%

Size

8mm Round Tablet

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER



Vitameen®

Pregnancy Support

19+ of the most comprehensive nutritional support through all stages of pregnancy ; from conception to breast feeding.



Each Tablet Typically Provides		%NRV
Vitamin D	10µg	200 %
Vitamin E	4.0mg aTe	33 %
Vitamin K	75mg	100 %
Vitamin C	75mg	94 %
Thiamin (B1)	2.5mg	227 %
Riboflavin (B2)	2mg	143 %
Niacin (B3)	18mg NE	113 %
Vitamin (B6)	10mg	714 %
Folic Acid	400µg	200 %
Vitamin B12	5µg	200 %
Biotin	160µg	320 %
Pantothenic Acid	6mg	100 %
Magnesium	180mg	48 %
Iron	20mg	143 %
Zinc	10mg	100 %
Copper	1mg	100 %
Manganese	1mg	50 %
Selenium	40mg	73 %
Iodine	160µg	107 %
Beta Carotene	2mg	

Size

11mm Tablet

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER

Hair, Skin & Nails

Comprehensive range of 20 nutrients that delivers nourishment at the very deepest level, providing specific support to help maintain great looking skin, hair and nails all year round.

Each Tablet Typically Provides		%NRV
Vitamin D	5µg	100%
Vitamin E	12mg aTE	100%
Vitamin C	60mg	75%
Thiamin	8mg	727%
Riboflavin	4mg	285%
Niacin	18mg	112.5%
Vitamin B6	10mg	714%
Folic Acid	400µg	200%
Vitamin B12	9µg	360%
Biotin	45µg	90%
Pantothenic Acid	40mg	667%
Iron	12mg	86%
Magnesium	75mg	20%
Zinc	15mg	150%
Iodine	200µg	133%
Manganese	0.5mg	25%
Copper	1mg	100%
Chromium	50µg	125%
Selenium	100µg	182%
L-Cysteine	10mg	-

Size

14mm x 9mm Tablets

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER



Vitameen®

Cod Liver Oil 550mg (Plus vitamins A&D)

Cod Liver Oil - the UK's favorite supplement is traditionally used to maintain flexible and healthy joints, skin, heart, brain, and eye health, a rich source for vitamin A and vitamin D (so use an alternative fish oil such as omega 3 if you are pregnant or breast feeding)

Popular Uses

Joints, Skin Health, Heart Health, Brain, Eye Health

Each Capsule Typically Provides		%NRV
Vitamin A (2664iu)	800.0µg RE	100%
Vitamin D (200iu)	5.0µg	100%
Cod Liver Oil	550.0mg	*
Providing total Omega-3s	110.0mg	*
Eicosapentaenoic Acid (EPA)	44.0mg	*
Docosahexaenoic Acid (DHA)	49.5mg	*

Size

14mm x 8mm Capsule

Available SKU

30 - 60 Capsules

Vegetarian

No

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER

Vitamin C - Chewable 500mg

Vitamin C an antioxidant that helps support the immune system and neutralizes free radicals in the body. Additionally, vitamin C is necessary for the body to manufacture collagen, which is essential for healthy skin, helps protect cells and keep them healthy. It also helps the body absorb Iron from food.

Each Tablet Typically Provides		%NRV
Vitamin C	500mg	625%

Size

20mm x 8.5 Tablet

Available SKU

30 - 60 Tablets

Vegetarian ✓

Yes

Intake

1-2 a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER

Ostamine® Advanced Bone Formula

Ostamine® advanced bone formula blends Calcium & Magnesium in the 2:1 ratio recommended by bone nutrition research. It also provides Vitamin D3 to support Calcium absorption, and Vitamin K which is essential to support strong bone formation and health.

Each Tablet Typically Provides		%NRV
Vitamin D	5µg	100%
Calcium	800mg	100%
Magnesium	375mg	100%
Vitamin K	75µg	100%

Size

20mm x 8.5mm Tablet

Available SKU

30 - 60 Tablets

Vegetarian ✓

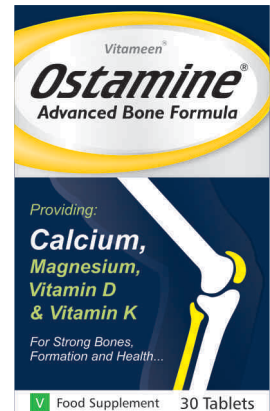
Yes

Intake

Two a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER



Vitameen®


Children's Vitamins

Blackcurrant chewbles for ages four and over containing vitamins A, C and D, as recommended by the UK Department of Health, safeguarding your child's nutritional intake in an all natural excellent tasting fruity flavour.

Each Tablet Typically Provides		%NRV
Vitamin A	400.0µg RE	50%
Vitamin D	2.5µg	50%
Vitamin C	40.0mg	50%

Size
8mm Round Tablet

Available SKU
30 - 60 Capsules

Vegetarian 
Yes

Intake
One a day

Storage Instruction
Cool dry place, 15° - 25°



BEST SELLER

Vitamin D Vitamin D3 1000iu


Fat Soluble vitamin, Known as "the sunshine vitamin" naturally sourced D3 (cholecalciferol) from lanolin, providing a significant support for healthy bones density and teeth.

Popular Uses
Bone & Teeth Health, Calcium Absorption, Healthy Muscles.

Each Tablet Typically Provides		%NRV
Vitamin D (1000iu)	25µg	500%

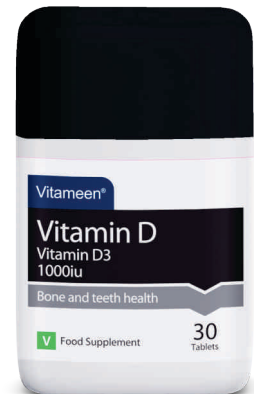
Size
8mm Round Tablet

Available SKU
30 - 60 Tablets

Vegetarian 
Yes

Intake
One a day

Storage Instruction
Cool dry place, 15° - 25°



BEST SELLER

Zinc 10mg (as Citrate)

Zinc is an essential mineral. The body doesn't produce or store Zinc, although it is a multifunctional and vital mineral, which is involved in many body processes.

Popular Uses
Skin Health, Hair, Reproductive System, Reduces Lifespan and Severity of Colds.

Each Tablet Typically Provides		%NRV
Zinc Citrate	32mg	--
Equivalent to Elemental Zinc	10mg	100%

Size
8mm Round Tablet

Available SKU
30 - 60 Tablets

Vegetarian 
Yes

Intake
One a day

Storage Instruction
Cool dry place, 15° - 25°



BEST SELLER

Vitameen®

Multi Vitamins

Multivitamins are generally formulated to provide the body 100% of the recommended daily intakes of the essential vitamins, minerals, and nutrients.

Each Tablet Typically Provides		%NRV
Vitamin A	800.0µg RE	100%
Vitamin D	5.0µg	100%
Vitamin E	12.0mg a TE	100%
Vitamin C	80.0mg	100%
Thiamin (B1)	1.1mg	100%
Pantothenic Acid (B5)	6.0mg	100%

Size

8mm Round Tablet

Available SKU

30 - 60 Tablets

Vegetarian

Yes

Intake

One a day

Storage Instruction

Cool dry place, 15° - 25°



BEST SELLER

Omega 3 - Fish Oils 500mg



Heart Health 

Omega-rich Fish body oil 18% EPA 12% DHA. Taken from oily fish such as salmon and sardines. Popular for brain, memory, heart health, joint health and eye health.

Popular Uses

Heart Health, Joint Health, Brain, Eye Health.

Each Capsule Typically Provides		%NRV
Vitamin E	10mg aTE	83%
Fish Oil	500mg	*
Eicosapentaenoic Acid (EPA)	90mg	*
Docosahexaenoic Acid (DHA)	60mg	*
Total Omega -3	200mg	*

Size

14mm x 9mm Capsule

Available SKU

30 - 60 Capsules

Vegetarian

No

Intake

1-2 a day

Storage Instruction

Cool dry place, 15° - 25°



NEW PRODUCT

Evening Primrose Oil 500mg

Evening Primrose Oil is a popular supplement for women as it provides benefits for relieving PMS symptoms as well as helping to maintain healthy skin. Our capsules also include 10mg of Vitamin E, another popular supplement for skincare.

Popular Uses

Hormone Balance, PMS, Skin Health, Arthritis Relief

Each Capsule Typically Provides		%NRV
Vitamin E	10mg aTE	83%
Evening Primrose Oil	500mg	*
Gamma-Linolenic Acid (GLA)	40mg	*
9% of fatty acids as GLA		

Size

14mm x 9mm Capsule

Available SKU

30 - 60 Capsules

Vegetarian

No

Intake

1-2 a day

Storage Instruction

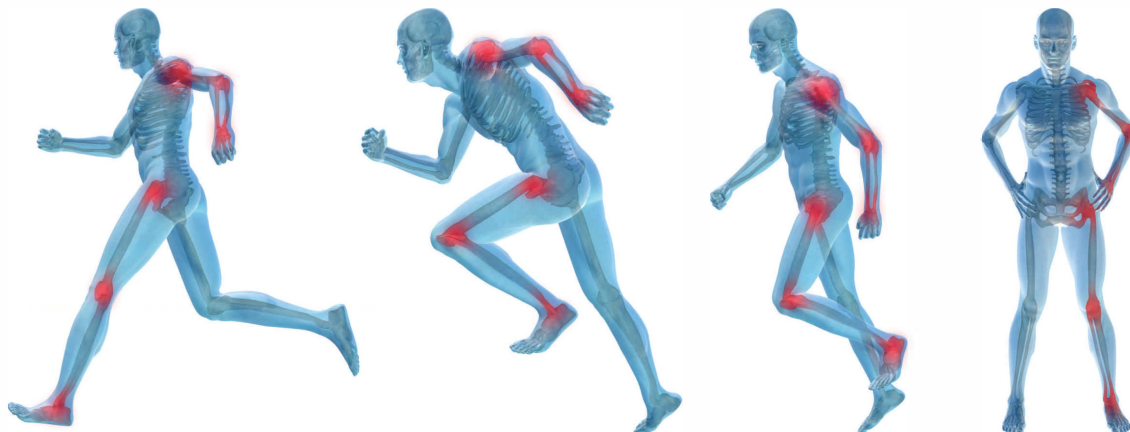
Cool dry place, 15° - 25°



BEST SELLER

Vitameen®

Jointamine® Glucosamine, Chondroitin & MSM



Glucosamine and chondroitin sulfate are combined with sulfur-containing methylsulfonylmethane (MSM) to provide an enhanced spectrum of nutrients for optimal cartilage matrix composition, connective tissue strength, and joint comfort.

Uses For **Jointamine®**

Cartilage Composition: Glucosamine promotes the synthesis of the glycosaminoglycan chondroitin sulfate. Chondroitin sulfate is responsible for building the ground substance of cartilage, molecules known as proteoglycans. Studies have indicated that glucosamine has the ability to support healthy cartilage integrity, in part by maintaining healthy matrix metalloproteinase (MMP) enzyme activity. In addition, an important role of sulfur from MSM is to enhance the structure and integrity of proteoglycans.

Joint Motility and Function: Several studies indicate that the combination of glucosamine, chondroitin sulfate and MSM has positive effects on joint mobility function and comfort.

The Source

Glucosamine

Is derived from crab and shrimp.

Chondroitin sulfate

Is derived from bovine cartilage.

Methylsulfonylmethane (MSM)

Is synthetic. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

Recommendations

1-3 capsules per day, in divided doses, with meals.

Each Capsule Typically Provides

Glucosamine Sulphate 2KC	585mg
Providing; Sulphate	400mg
Providing; Glucosamine	314mg
Chondroitin Sulphate	50mg
Methylsulphonylmethane (MSM)	50mg

3in1
ADVANCED JOINTS
SUPPORT FORMULA

ADVANCED FORMULA

Jointamine®
Glucosamine, Chondroitin
MSM

Triple Action Formula

- To promote Joint Mobility, Flexibility and Comfort
- Helps Rebuild Cartilage Tissue



Food Supplement 30 Tablets

Size

11mm Round Tablet

Available SKU

30 Tablets

Vegetarian

No

Intake

1-3 a day

Storage Instruction

Cool dry place, 15° - 25°

PRODUCT LIST

Acai

Acidophilus

Advanced Bone Formula

BCAA

Beta Glucans Complex

Biotin 500mcg

Brewers Yeast

Calcium plus Vitamin D

Calcium Citrate

Calcium & Magnesium

Children's Multivitamins (A, C & D)

Cod Liver Oil

Cod Liver Oil with Multivitamins

Cod Liver Oil & Glucosamine

Chromium Picolinate

CLA

Collagen

Co-Enzyme Q10

Cranberry

Evening Primrose Oil

Flaxseed Oil

Folic Acid

Garlic 2mg (Odourless)

Garlic 1400mg

Ginseng (Korean)

Glucosamine Sulphate

Glucosamine HCL

Glucosamine + Chondroitin

Glucosamine + Chondroitin + MSM

Green Lipped Mussel Extract

Green Tea Extract

Hair, Skin & Nails Formula

Inositol 500mg

Iron

Kelp

Krill Oil (Superba) 500mg

Lecithin

L-Arginine

L-Carnitine

L-Glutamine

L-Lysine

L-Theanine

Lutein for Eyes

Lycopene

Magnesium

MSM

Multi A-Zinc

Multi A-Zinc for ages 50+

Multi A-Zinc Probiotic

Multivitamins

Multi Vitamins with Iron

Multi Vitamins & Minerals

Omega 3 - Fish Oils

High EPA/DHA Omega 3 Fish Oils

Omega 3, 6, 9

Pantothenic Acid

Peppermint Oil

Plant Sterols

Pomegranate

Pregnancy Support

Pycnogenol

Rosehip

Riboflavin

Red Clover Isoflavones

Royal Jelly

Sage

Selenium with A, C & E

Soya Isoflavones

Starflower (Borage) Oil

Thiamin (B1)

Turmeric

Vitamin B Complex

Vitamin B6

Vitamin C - Chewable

Vitamin C - Time Release

Vitamin C & Zinc

Vitamin D

Vitamin E

Zinc

Green Coffee Bean

Montmorency Cherry



VITAMINS & SUPPLEMENTS



VITAMEEN LTD.
A Megberry Health Group Company
96 Kensington High Street.
London. W8 4SG

www.vitameen.co.uk

DISTRIBUTOR
