



Multivitamins

USES & BENEFITS

Vitamin deficiencies



NUTRITIONAL INFORMATION

One tablet typically provides;		%NRV
Vitamin A	800.0ug RE	100
Vitamin D	5.0ug	100
Vitamin E	12.0mg αTE	100
Vitamin K	75.0mg	100
Vitamin C	80.0mg	100
Thiamin (B1)	1.1mg	100
Riboflavin (B2)	1.4mg	100
Niacin (B3)	16.0mg NE	100
Vitamin B6	1.4mg	100
Folic Acid	200.0ug	100
Vitamin B12	2.5ug	100
Biotin	50.0ug	100
Pantothenic Acid (B5)	6.0mg	100

SUGGESTED USE

Adults; Swallow **one (1) tablet** per day with food. **Or** As directed by your health professional or pharmacist

VEGETRIAN

YES

Vitameen Multi Vitamins One a Day Tablets contain a multi-vitamin and mineral formula that provides 100% of the nutrient reference value (NRV) of nutritional support for adults in a convenient and economical one-a-day caplet.

Vitameen Multivitamin is formulated to support: heart health, healthy blood pressure, immune health, healthy muscle function, and physical energy by helping convert food to fuel.

Vitameen Multivitamins are free of gluten, wheat, dairy, artificial colors, and artificial sweeteners.

AVAILABLE SKUs

30,60,90 tablets

STORAGE INSTRUCTIONS

Store in a cool dry place, between **15°-30°** and relative humidity between **35-60%**

WARNING

Keep out of the reach of children. Consult with your physician before using this product if you are pregnant or lactating have a known medical condition or are taking medications.

