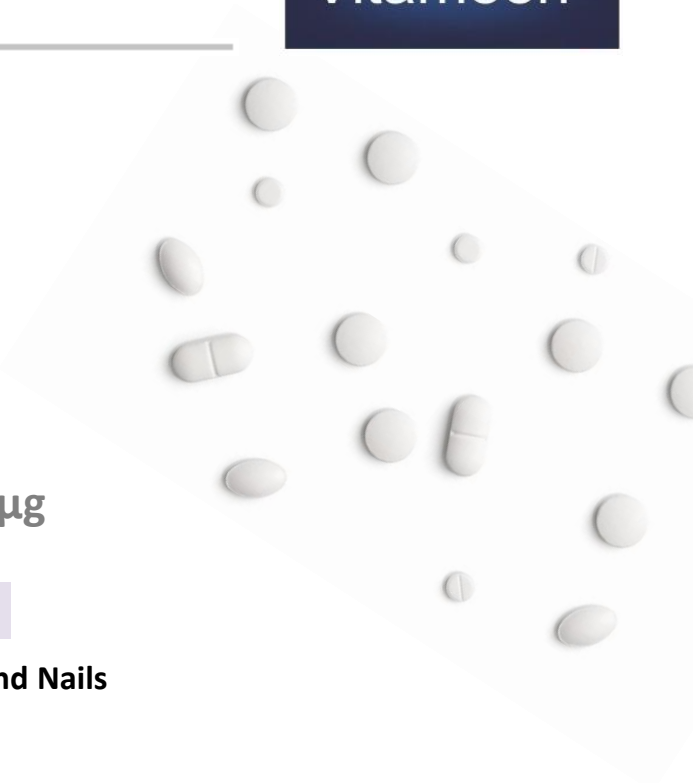




Biotin (2500)µg

USES & BENEFITS

Healthy Hair, Skin and Nails



Biotin is a water-soluble vitamin that’s a part of the vitamin B family (Vitamin B7). It’s also known as vitamin H. Your body needs biotin to help convert certain nutrients into energy (protein, carbohydrates, and fat).. It also plays an important role in the health of your hair, skin, and nails.

Vitameen Multivitamins are free of gluten, wheat, dairy, artificial colors, and artificial sweeteners. GMO Free

NUTRITIONAL INFORMATION		
One tablet typically provides;		
		%NRV
Biotin	2500µg	5000
SUGGESTED USE		
<p>Adults; Swallow one (1) tablet per day with food. Or As directed by your health professional or pharmacist</p>		
VEGETRIAN		
<p>YES </p>		

AVAILABLE SKUs
30,60 tablets
STORAGE INSTRUCTIONS
Store in a cool dry place, between 15°-25° and relative humidity between 35-60%
WARNING
Keep out of the reach of children. Consult with your physician before using this product if you are pregnant or lactating have a known medical condition or are taking medications.