# Vitameen®





## Hair, Skin & Nails

### USES & BENEFITS

Healthy Metabolism, healthy Hair, Skin & Nails

#### NUTRITIONAL INFORMATION

One tablet typically provides;		%NRV
Vitamin D	5µg	100
Vitamin E	12mg αTE	100
Vitamin C	60mg	75
Thiamin	1.1mg	100
Riboflavin	1.1mg	79
Niacin	14mg	88
Vitamin B6	1.3mg	93
Vitamin B12	2.4µg	96
Biotin	30µg	60
Pantothenic Acid	5mg	83
Iron	8mg	57
Magnesium	75mg	20
Zinc	8mg	80
Manganese	0.9mg	45
Copper	0.9mg	90
Chromium	25µg	63
Selenium	55µg	100
L- Cysteine	10.0mg	100

Containing 18 of the most comprehensive range of nutrients that delivers nourishment at the very deepest level, providing specific support to help maintain great looking skin, hair and nails all year round.

Free of gluten, wheat, dairy, artificial colors, and artificial sweeteners. GMO Free.

#### SUGGESTED USE

Adults; Swallow one (1) tablet per day with food. Or As directed by your health professional or pharmacist

#### VEGETARIAN

YES 🔽

**AVAILABLE SKUs** 

30, 60 tablets

**STORAGE INSTRUCTIONS** 

Store in a cool dry place, between **15°-25°** and relative humidity between **35-60%** 

#### WARNING

**Keep out** of the reach of children. Consult with your physician before using this product if you are pregnant or lactating have a known medical condition or are taking medications.



