# **Product Information Facts**











# Cod Liver Oil (1000)mg

#### **USES & BENEFITS**

Heart health, joint Health, brain and eye health

#### **NUTRITIONAL INFORMATION**

One capsule typically provides;		%NRV
Vitamin A (2664iu)	800.0μg RE	%100
Vitamin D (200iu)	5.0μg	%100
Cod Liver Oil	1000.0mg	
Providing a total of Omega-3s	200.0mg	
Of which;		
Eicosapentaenoic Acid (EPA)	80.0mg	
Docosahexaenoic Acid (DHA)	90.0mg	

### **SUGGESTED USE**

**Adults**; Swallow **one (1) capsules** per day with food. **Or** As directed by your health professional or pharmacist

# **VEGETRIAN**

No

#### **Available SKUs**

30,60 softgel capsules

Cod Liver Oil - the UK's favorite supplement is traditionally used to maintain flexible and healthy joints.

Vitameen® Nutrient-rich Cod Liver Oil is a rich source of Vitamin A and Vitamin D, as well as important Omega-3 Fatty Acids EPA and DHA.

(So use an alternative fish oil such as Omega-3 if you are pregnant of breast feeding)

Free of gluten, wheat, dairy, artificial colors, and artificial sweeteners. GMO Free

#### STORAGE INSTRUCTIONS

Store in a cool dry place, between **15°-25°** and relative humidity between **35-60%** 

## **WARNING**

**Keep out** of the reach of children. Consult with your physician before using this product if you are pregnant or lactating have a known medical condition or are taking medications.













